



The Cincinnati Dance & Movement Center

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(513)521-8462 www.cincinnatiadance.com



CLASS SCHEDULE FOR THE 2011/2012 DANCE YEAR (as of August 22, 2011 – subject to change)

Dance year runs September 12, 2011 through June 9, 2012.

Thank you for your interest in the Cincinnati Dance and Movement Center!

SCHEDULE FOR 2011/2012 DANCE YEAR: Please refer to this sheet for the classes we offer for our 2011/2012 Dance Year, which runs September 12, 2011 through June 9, 2012.

LEVELED CLASSES: Please keep in mind that students must be a match in level as well as age. In many cases, the ages listed are simply guidelines, as students are placed with more consideration given to their level than their age. If you are not sure of your level or the type of class you'd like, you are welcome to participate in a few different classes to find the appropriate match.

MOVING UP A LEVEL: Please keep in mind that it usually takes two years or more to move up a level. It is not expected for a student to move up an entire level each year. In their first year at a level, students are getting familiar with the technique and steps at that level. It usually takes another year or two to gain full mastery of those skills. If there is any doubt about level, we always recommend starting at the lower level with the understanding that the teacher will observe and evaluate if the student is ready to move up. (Most students prefer to start at a lower level knowing they may be asked to move up, versus starting at a higher level and risk being asked to move down.) Level placement is at the discretion of the teacher(s) and studio director.

ADULTS-ONLY CLASSES AND BOYS-ONLY CLASSES: Please note that although "adults only" and "boys only" classes are listed, that does not preclude adults or boys from enrolling in our other classes. Adults may enroll in any class of the appropriate level that says "teens and adults" or "and up" in the age description. Likewise, boys may enroll in any class of the appropriate age and level – they are not limited to "boys only" classes. We are offering "adults only" and "boys only" classes because we realize that adults are sometimes more comfortable in an adults-only setting, and likewise, boys may be more comfortable participating in dance in a "boys only" setting.

RECITAL PERFORMANCE: MOST CLASSES PERFORM IN OUR RECITAL IN JUNE (although students may individually opt out of the performance) except in cases in which the class description specifically states that the class does not perform. Most adult-only classes decide as a group later in the year if they wish to perform, and even if the group decides to perform, individuals in the group may choose to opt out of the performance.

THE CINCINNATI DANCE CREW: To join our Show Team, the Cincinnati Dance Crew, students must have prior training (no beginners) and be at least in Kindergarten. Team members are grouped by age and level, and range from age 5 to 18. New members may join our Show Team by teacher invitation or by an informal class audition. Please contact us at 521-8462 if interested. (Membership on our Competition Team, the Cincinnati Dance All-Stars, was by formal auditions which were held in July. Auditions for our 2012/2013 Competition Team will be July 9-12, 2012.) To find out more about our Show Team, the Cincinnati Dance Crew, please call the studio at 521-8462 to request a Dance Crew packet. Please note that classes that are exclusively for team members are not listed on this sheet.

DON'T SEE A CLASS? Please let us know if you are interested in a class you don't see listed – we may add it to meet demand.

MORE IN-DEPTH CLASS DESCRIPTIONS: To be able to list our weekly classes on one sheet, the class descriptions had to be very short. We have longer, more detailed class descriptions available upon request, so please don't hesitate to call us at 521-8462 if you would like more in-depth information about a class

QUESTIONS? If you have any questions at all, don't hesitate to call us at 521-8462. We have limited summer hours, so if you don't reach us directly, please feel free to leave a message and your call will be returned.

PRESCHOOL DANCE CLASSES

Beginning Basic Movement – preschool age 3 to 5 – Teacher: Ms. Melissa – **Monday 6:40 to 7:10 pm**

Beginning Basic Movement – preschool age 3 to 5 – Teacher: Ms. Mary – **Thursday 6:15 to 6:45 pm**

Basic Movement II – preschool age 4 to 5 (4-year-olds must have at least one year of dance training to enroll in Basic Movement II; Beginner 4-year-olds should enroll in Beginning Basic Movement) – Teacher: Ms. Melissa – **Tuesday 5:15 to 5:45 pm**

BALLET CLASSES

Ballet I – K to 2nd grade – Teacher: Ms. Sarah – **Wednesday 6:45 to 7:15 pm**

Ballet I – K to 2nd grade – Teacher: Ms. Michele – **Monday 5:30 to 6:00 pm**

Ballet II – 3rd grade & up – Teacher: Ms. Sarah – **Wednesday 5:30 to 6:15 pm**

Beginning Ballet/Beginning Modern – Adults and Teens – Teacher: Ms. Mary Anne – **Thursday 5:45 to 6:45 pm**

Ballet III – 5th grade & up, adults welcome – Teacher: Ms. Mary Anne – **Monday 6:00 to 7:00 pm**

Ballet IV & V – 6th grade & up, adults welcome – Teacher: Ms. Mary Anne – **Monday 7:00 to 8:15 pm** (This class is technique-only and does not perform in the June recital, although class members are eligible for the Thursday Ballet Ensemble, which does perform.)

Ballet VI – 8th grade & up, adults welcome – Teacher: Ms. Mary Anne – **Monday 4:45 to 6:00 pm** (This class is technique-only and does not perform in the June recital, although class members are eligible for the Thursday Ballet Ensemble, which does perform.)

Pointe I – By invitation; must be in Ballet Technique V or VI – Teacher: Ms. Mary Anne – **Monday 8:15 to 8:45 pm**

Pointe II – By invitation; must be in Ballet Tech.VI & have two or more yrs of pointe – Teacher: Ms. Mary Anne – **Thurs. 8:15 to 8:45 pm**

Ballet Ensemble – must be in Ballet IV, V, & VI – this class performs locally during the year and in the June recital – Teacher: Ms. Mary Anne – **Thursday 6:45 to 8:15 pm**

TAP CLASSES

Tap I – K to 2nd grade – Teacher: Ms. Michele – **Monday 6:00 to 6:30 pm**

Tap I/II – 1st to 4th grade (1st & 2nd graders must have at least one year of tap training; otherwise, they should enroll in Tap I)
– Teacher: Ms. Sarah – **Wednesday 6:15 to 6:45 pm**

Tap II/III – 4th grade and up (must have at least two years of tap training) – Teacher: Ms. Melissa – **Tuesday 6:30 to 7:15 pm**

Tap IV & V – 5th grade & up (must have at least four years of tap training and teacher's permission) – Teacher: Ms. Tina –
Wednesday 8:00 to 8:45 pm

Tap VI – teens & adults advanced level (must have at least six years of tap training and teacher's permission) – Teacher: Ms. Tina –
Wednesday 5:30 to 6:15 pm

Tap Class for Boys – 3rd to 6th grade BOYS ONLY (Boys may also take any of our other Tap Classes) – Teacher: Ms. Mary –
Thursday 5:00 to 5:30 pm

Beginning Tap for 4th grade & up (This is a condensed class for the older beginner, covering material in Tap I AND Tap II)
– Teacher: Ms. Melissa – **Monday 7:15 to 8:00 pm**

Beginning Tap for Adults – Teacher: Ms. Tina – **Wednesday 6:20 to 7:05 pm**

Intermediate Tap for Adults – Teacher: Ms. Tina – **Wednesday 7:05 to 7:50 pm**

JAZZ CLASSES

Jazz I – K to 2nd grade – Teacher: Ms. Mary – **Thursday 6:45 to 7:15 pm**

Jazz II – 3rd to 6th grade – Teacher: Ms. Mary – **Thursday 5:30 to 6:15 pm**

Jazz III/IV – 7th grade & up (Students in this class must take the 6:30 stretch class so they are prepared to go into the material without risk of injury) – Teacher: Ms. Sarah – **Wednesday 7:15 to 8:00 pm**

Jazz V/VI – teens and adults – advanced level (Students in this class must take the 7:15 stretch class so they are prepared to go into the material without risk of injury) – Teacher: Ms. Sarah – **Wednesday 8:00 to 8:45 pm**

Beginning Jazz for Adults – Teacher: Ms. Mary – **Thursday 7:15 to 8:00 pm**

HIP-HOP CLASSES

Jazz/Hip-Hop I – K to 2nd – Teacher: Ms. Melissa – **Tuesday 4:45 to 5:15 pm**

Jazz/Hip-Hop II – 3rd to 6th grade – Teacher: Ms. Melissa – **Tuesday 7:15 to 8:00 pm**

Beginning/Intermediate Hip-Hop for Teens & Adults (some jazz will be incorporated) – Teacher: Ms. Melissa – **Tues. 5:45 to 6:30 pm**

Advanced Hip-Hop for Teens & Adults (some jazz will be incorporated) – Teacher: Ms. Melissa – **Tuesday 8:00 to 8:45 pm**

LYRICAL/CONTEMPORARY CLASSES

Beg/Intermed. Lyrical/Contemp. – 6th grade & up with ballet training, adults welcome – Teacher: Ms. Mary – **Thursday 8:00 to 8:45 pm**

Int/Advanced Lyrical/Contemporary – teens and adults with ballet training – Teacher: Ms. Michele – **Monday 6:30 to 7:15 pm**

TUMBLING CLASSES

Tumbling for Kindergarten to 3rd grade girls and boys – Does not perform. Teacher: Ms. Amy / Ms. Sam – **Tuesday 6:00 to 6:30 pm**

Tumbling for Boys – K to 5th grade BOYS ONLY (Boys may also take any of our other Tumbling Classes) – Does not perform in June recital. Teacher: Ms. Amy / Ms. Sam – **Tuesday 4:45 to 5:15 pm**

Tumbling for 4th to 7th grade girls and boys – Does not perform in June recital. Teacher: Ms. Amy / Ms. Sam – **Tues. 5:15 to 6:00 pm**

Tumbling for Teens and Adults – Does not perform in June recital. Teacher: Ms. Amy / Ms. Sam – **Tuesday 6:30 to 7:15 pm**

**Please note – Tumbling classes include all levels. Students work at the appropriate level toward personalized goals.*

EXERCISE CLASSES

Move Toward Fitness (Adults only – for all fitness levels) – Does not perform in recital. Teacher: Ms. Sandy – **Tues. 8:00 to 8:45 pm**

Tai Chi for Health (Adults only – for all fitness levels) – Has option of performing in recital. Teacher: Ms. Sandy – **Tues. 7:15 to 8:00 pm**

Stretching and Mobility for 5th grade and up (for the highly fit) – This class is required for all students in Jazz III/IV, and is open to other students as well. Does not perform in June recital. – Teacher: Ms. Sandy – **Wednesday 6:30 to 7:15 pm**

Stretching and Mobility for Teens and Adults (for the highly fit) – This class is required for all students in Jazz V/VI, and is open to other students as well. Does not perform in June recital. – Teacher: Ms. Sandy – **Wednesday 7:15 to 8:00 pm**

OTHER CLASSES

Spanish Flamenco – 6th grade & up, adults welcome – must be in Ballet IV, V, or VI – Teacher: Ms. Mary Anne – **Thurs. 5:00 to 5:45 pm**

Beginning Modern/Beginning Ballet for Adults and Teens – Teacher: Ms. Mary Anne – **Thursday 5:45 to 6:45 pm**

BOYS-ONLY CLASSES

Tumbling for Boys – K to 5th grade BOYS ONLY – Teacher: Ms. Amy / Ms. Sam – **Tuesday 4:45 to 5:15 pm**

Tap Class for Boys – 3rd to 6th grade BOYS ONLY – Teacher: Ms. Mary – **Thursday 5:00 to 5:30 pm**

**Please note – Boys are welcome in any of our other classes of the appropriate level and age and are not limited to "boys only" classes.*

ADULTS-ONLY CLASSES

Move Toward Fitness (Adults only – for all fitness levels) – Does not perform in recital. Teacher: Ms. Sandy – **Tues. 8:00 to 8:45 pm**

Tai Chi for Health (Adults only – for all fitness levels) – Has option of performing in recital. Teacher: Ms. Sandy – **Tues. 7:15 to 8:00 pm**

Beginning Tap for Adults – Teacher: Ms. Tina – **Wednesday 6:20 to 7:05 pm**

Intermediate Tap for Adults – Teacher: Ms. Tina – **Wednesday 7:05 to 7:50 pm**

Beginning Jazz for Adults – Teacher: Ms. Mary – **Thursday 7:15 to 8:00 pm**

**Please note – The above listed classes are our only classes that are exclusively for adults, but we also have more than ten classes that are designated for adults and teens. In addition, adults are welcome in our leveled classes, although those classes tend to have fewer adults than our adult/teen classes. Please refer to the class details listed on this sheet to determine if a class is open to adults, or feel free to call the studio at 521-8462 for clarification or more information.*

Questions? Please call us at 521-8462. We would be happy to answer any questions and provide additional information.